

CORTICOTROPIN-RELEASING FACTOR PROJECTIONS FROM LIMBIC FOREBRAIN AND PARAVENTRICULAR NUCLEUS OF THE HYPOTHALAMUS TO THE REGION OF THE VENTRAL TEGMENTAL AREA

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Abstract—Corticotropin-releasing factor (CRF) is a peptide neurotransmitter with high numbers of cell bodies found in limbic regions of the rat brain including the oval nucleus of the bed nucleus of the stria terminalis (BNSTov) and central nucleus of the amygdala (CeA) as well as in the paraventricular nucleus of the hypothalamus (PVN). CRF systems are activated in response to acute stressors and mediate a wide variety of physiological and behavioral responses to acute stress including aversive responses and responses that support appetitive behaviors. CRF is released in the ventral tegmental area (VTA), the cell body region of the mesocorticolimbic dopaminergic neurons, in response to acute stress and plays a role in stress-activation of appetitive behavior [Wang B, Shaham Y, Zitzman D, Azari S, Wise RA, You ZB (2005) Cocaine experience establishes control of midbrain glutamate and dopamine by corticotropin-releasing factor: a role in stress-induced relapse to drug seeking. *J Neurosci* 25:5389–5396]. However, although it is known that the VTA region contains significant levels of CRF-immunoreactive fibers [Swanson LW, Sawchenko PE, Rivier J, Vale WW (1983) Organization of ovine corticotropin-releasing factor immunoreactive cells and fibers in the rat brain: an immunohistochemical study. *Neuroendocrinology* 36:165–186], the source of CRF input to the region has not been identified. We used infusions of a fluorescent retrograde tracer, fluorogold, into the VTA region, combined with fluorescent immunocytochemistry for CRF to identify sources of this input. Double-labeled cells were found in BNSTov, CeA and PVN. The percent of fluorogold-labeled cells in each region that were CRF-positive was 30.8, 28.0 and 16.7% respectively. These data point to diffusely distributed sources of CRF-containing fibers in the VTA. © 2007 IBRO. Published by Elsevier Ltd. All rights reserved.

Key words: oval nucleus of the bed nucleus of the stria terminalis, central nucleus of the amygdala, paraventricular nucleus of the hypothalamus, fluorogold, stress, rat.

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Abbreviations: BNSTov, oval nucleus of the bed nucleus of the stria terminalis; CeA, central nucleus of the amygdala; CRF, corticotropin releasing factor; DA, dopamine; DAB, 3,3'-diaminobenzidine; PB, phosphate buffer; PBS, phosphate-buffered saline; PVN, paraventricular nucleus of the hypothalamus; VTA, ventral tegmental area.

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The behavioral functions of corticotropin releasing factor (CRF) in the brain have been the subject of intense investigation in the last several years (Koob and Bloom, 1985; Koob et al., 1993; Merali et al., 1998; Makino et al., 1999; Sarnyai et al., 2001; Dunn et al., 2004; Heinrichs and Koob, 2004; Schulkin et al., 2005; Davis, 2006). CRF-containing cells are abundant in the central nucleus of the amygdala (CeA) and oval nucleus of the bed nucleus of the stria terminalis (BNSTov), as well as in the paraventricular nucleus of the hypothalamus (PVN, part of the hypothalamic–pituitary–adrenal stress axis). CRF systems are activated in response to stressors and mediate a wide variety of physiological and behavioral responses to stress including fear and anxiety (Schulkin et al., 2005; Davis, 2006), as well as responses that support appetitive behavior, such as increased locomotion (Kalivas et al., 1987; Cadour et al., 1992, 1993) and facilitation of responses to incentive stimuli (Pecina et al., 2006). Although much is known about the role of CRF systems in fear and anxiety, less is known about the pathways through which activation of CRF systems facilitates appetitive behavior.

CRF plays an important role in stress-induced relapse to drug seeking (Shaham et al., 1997; Erb et al., 1998; Stewart, 2003; Spealman et al., 2004). In rats, infusions of CRF into the ventrolateral BNST (BNSTvl), a region of dense CRF fibers and terminals, can reinstate cocaine seeking in rats trained to self-administer cocaine, whereas infusions of a CRF receptor antagonist block foot-shock stress-induced reinstatement (Erb and Stewart, 1999; Erb et al., 2001). In addition, however, CRF is released directly in the ventral tegmental area (VTA) during foot-shock stress and in cocaine-experienced rats, infusions of a CRF receptor antagonist into the VTA block stress-induced reinstatement of drug seeking (Wang et al., 2005). These findings point to a more direct interaction between CRF-containing cell groups and the dopamine (DA) neurons in the VTA, providing a possible pathway for stress activation or modulation of appetitive behavior. Little is known, however, about the sources of CRF-containing fibers in the VTA. An understanding of the sources of the CRF innervation of the VTA would help to explain the role of stress and CRF in the modulation of appetitive behaviors. To address this issue, we combined infusions of a fluorescent retrograde tracer, fluorogold, into the VTA region, with fluorescence immunocytochemistry for CRF.

EXPERIMENTAL PROCEDURES

Animals and housing

The experimental procedures followed the internationally recognized guidelines for the ethical use of laboratory animals of the Canadian Council on Animal Care and were approved by the Animal Care Committee, Concordia University. Every effort was made to minimize the number of animals used and their suffering. A total of eight adult male Wistar rats (Charles River, St. Constant, QC, Canada) weighing between 325 and 350 g were used. The rats were housed under normal 12-h light/dark cycle with food and water freely available at all times.

Tracers and antibodies

CRF. A CRF rabbit polyclonal antibody (1:8000), generously supplied by Dr. Wylie Vale (The Salk Institute for Biological Studies, San Diego, CA, USA), was used both for the standard immunocytochemistry and for the fluorescence immunocytochemistry. The secondary antibody for standard immunocytochemistry was a goat anti-rabbit IgG (1:200) (Vector, Burlingame, CA, USA). For the fluorescence immunocytochemistry an Alexa Fluor 555 goat anti-rabbit IgG (1:6000) (Molecular Probes, Eugene, OR, USA) was used.

Fluorogold. The retrograde tracer was a 2% fluorogold (Fluorochrome, Denver, CO, USA) solution prepared in distilled water. For standard immunocytochemistry of fluorogold, the primary antibody was a rabbit polyclonal antibody (1:6000; Chemicon, Temecula, CA, USA) and the secondary antibody was a goat anti-rabbit IgG (1:200) (Vector).

Surgery and histology

All rats received fluorogold infusions in the VTA. They were anesthetized with Nembutal (65 mg/kg, i.p., Sigma, St. Louis, MO, USA) and mounted on a stereotaxic instrument. The 2% fluorogold solution was infused unilaterally using a Hamilton microsyringe for a total volume of 0.15 μ l over 10 min. Using a flat skull, the injector was inserted at a 15° angle from the midline using the

coordinates: A/P -5.4 mm, M/L $+2.6$ mm from bregma and D/V -8.7 mm from skull surface (Paxinos and Watson, 1986). Canulae were implanted on the contralateral side, 2 mm above the lateral ventral: A/P -1.0 mm, M/L $+1.4$ mm, D/L -3.0 mm from bregma, for future infusion of colchicine (Sigma-Aldrich, Oakville, ON; 2 μ l at a concentration of 1 mg/ml) into the ventricle. One week later, infusions of colchicine were given to all rats 24 h before rats were anesthetized with Euthanyl (65 mg/kg, i.p.) and perfused transcardially with cold 0.1 M phosphate-buffered saline (PBS) (300 ml) followed by 4% paraformaldehyde in 0.1 M PBS (300 ml). The brains were post-fixed for 4 h in 4% paraformaldehyde and then transferred to 30% sucrose for 24 h. Serial coronal sections (30 μ m) containing the BNST, PVN and CeA were collected. Alternate sections through each structure were used for fluorescence immunocytochemistry (CRF and fluorogold); the remaining sections were used for standard immunocytochemistry for either CRF or fluorogold.

Fluorescence immunocytochemistry

Free-floating sections were rinsed 3×10 min in 0.1 M phosphate buffer (PB) and then incubated for 1 h in 0.3% Triton PB with 5% normal goat serum. The sections were then incubated for 48 h at 4 °C in 0.3% Triton PB containing CRF rabbit polyclonal antibody (1:8000) and 2% normal goat serum. The sections were rinsed again with 0.1 M PB, 3×10 min and incubated with Alexa Fluor 555 goat anti-rabbit IgG (1:6000) for 1 h at room temperature. Following the incubation the sections were rinsed with 0.1 M PB and mounted onto gel-coated slides and coverslipped using ProLong Gold Antifade reagent (Molecular Probes).

Immunocytochemistry

CRF. Sections were rinsed 3×10 min in 0.1 M PB and incubated for 30 min in 3% hydrogen peroxide solution. Sections were again rinsed 3×10 min in 0.1 M PB followed by 1 h incubation in 0.3% Triton PB with 5% normal goat serum. The sections were then incubated for 48 h at 4 °C in 0.3% Triton PB containing CRF rabbit polyclonal antibody (1:8000) and 2% normal goat serum. Sections were rinsed 3×10 min in 0.1 M PB followed by

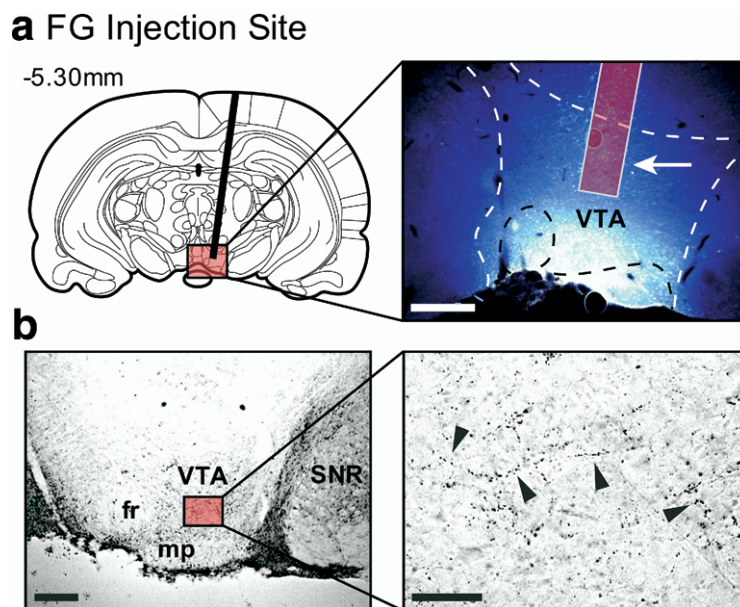


Fig. 1. (a) Coronal section (-5.30 mm from bregma) showing VTA region (Paxinos and Watson, 1986) and an example micrograph showing the site of a typical infusion of fluorogold in the VTA. Scale bar= 250μ m. (b) Examples of CRF immunoreactive fibers in the region of the VTA shown in a. Scale bars= 250μ m and 50μ m.

1 h incubation in the anti-rabbit IgG and then rinsed 3×10 min in 0.1 M PB after which they were placed for 30 min in a avidin–biotin–peroxidase complex (Vectastain Elite ABC Kit, Vector Laboratories). After rinsing in PB they were incubated for 10 min with 0.05% 3,3'-diaminobenzidine (DAB) in 0.1 M PB. Sections were then incubated in DAB/PB with 0.01% H_2O_2 and 8% $NiCl_2$. After rinsing the sections were mounted onto gel-coated slides, dehydrated through a series of alcohols, soaked in Citrisolv (Fisher Scientific, Ottawa, CA, USA), and coverslipped with Permount (Fisher Scientific).

Fluorogold. Sections from the second four rats were treated similarly except that the primary antibody for fluorogold was a rabbit polyclonal antibody (1:6000) (Chemicon).

Data analysis

Images containing fluorescent material were captured using a Leica DFC 480 camera at $20 \times$ magnification and Leica Firecam (1.7.1) software. DAB-stained sections were examined under a

light microscope (Leica DM LB) and images were captured using a Hitachi (HV C20) camera, LG-3 frame-grabber (Scion, Frederick, MD, USA) and Image SXM (179-2C) software. Counts were done using software magnification for better identification of cells. Images for presentation were enhanced with Apple Aperture (1.5.2).

An estimate of the number of CRF-containing cells in brain sections through the BNST, CeA and PVN was obtained by counting cells in pairs of serial sections labeled by either fluorescence or DAB. One section from each pair had fluorescent labeling and the other DAB labeling for either CRF or fluorogold. The number of rats and sections included in the counts varied from structure to structure (BNSTov: four rats/six sections per rat, +0.2 to –0.4 mm from bregma; CeA: four rats/seven sections per rat, –1.88 to –3.3 mm from bregma; PVN: three rats/two sections per rat, –1.4 to –2.3 mm from bregma). Similarly fluorogold-labeled cells from each structure taken from a second group of rats were counted in serial sections labeled by either fluorescence or DAB (BNSTov: four rats/ five sections per rat, +0.2 to –0.4 mm from bregma; CeA: four

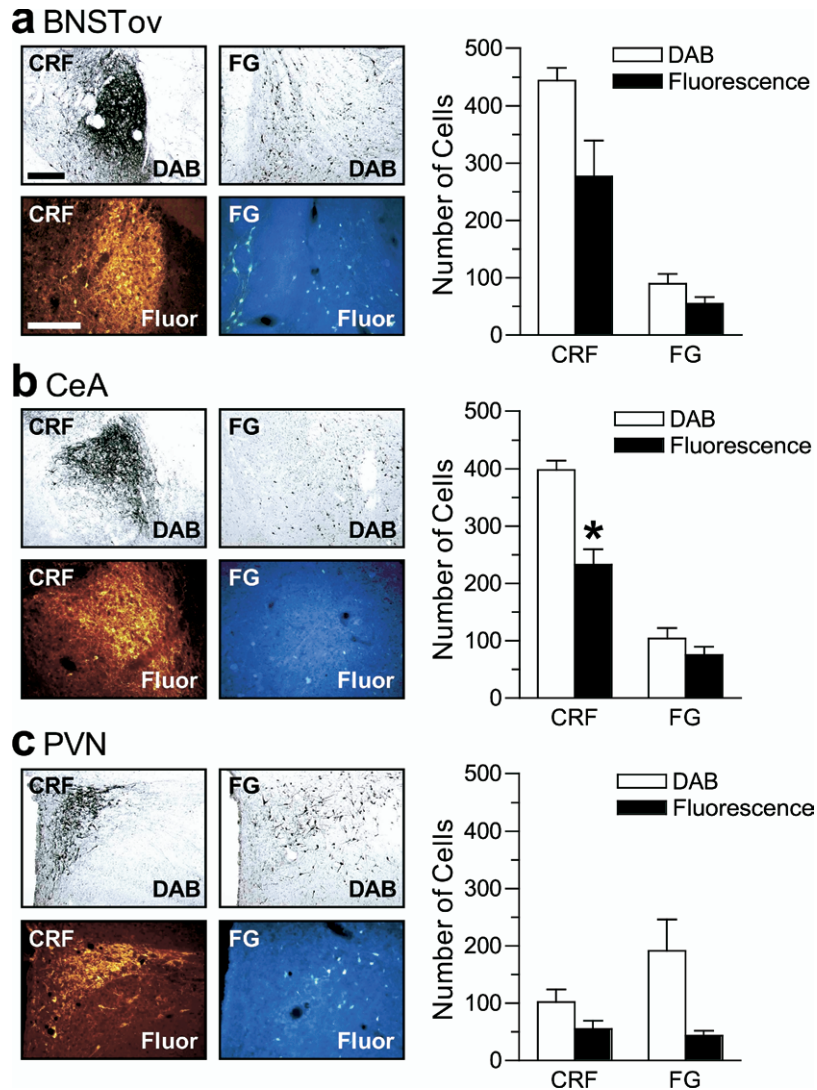


Fig. 2. Examples of DAB and fluorescent (fluor) labeling for both CRF and fluorogold (FG) in adjacent serial sections through the BNSTov (a), CeA (b), and PVN (c) taken from different groups of rats; scale bars=200 μ m. Mean total number of CRF and fluorogold-labeled cells per rat in each region is shown in graphs on the right (see Experimental Procedures: Data analysis, for full description of how counts were made). * Paired *t*-test, $t(3)=6.87$, $P<0.01$.

rats/nine sections per rat, 1.88 to -3.3 mm from bregma; PVN: three rats/four sections per rat, -1.4 to -2.3 mm from bregma).

An estimate of the number of double-labeled fluorescent cells was obtained using the Leica DM 4000B fluorescence microscope (Leica filter A4 for fluorogold and N3 for CRF). Images were combined using Photomatix Pro (2.3). In order to determine the proportion of fluorogold-labeled cells projecting to the VTA from each structure that was CRF-containing, we compared the total number of double-labeled cells to the total number of fluorogold-labeled cells per rat for each structure (BNSTov: five rats/five sections per rat, $+0.2$ to -0.4 mm from bregma; CeA: five rats/10 sections per rat, 1.88 to -3.3 mm from bregma; PVN: four rats/five sections per rat, -1.4 to -2.56 mm from bregma). Counts were verified by two individuals.

RESULTS

To determine the contribution of the BNSTov, CeA, and PVN cell groups to the CRF fibers in the VTA, we injected the retrograde tracer fluorogold into the VTA and looked for the presence of fluorogold/CRF double-labeled cells in BNSTov, CeA, and PVN. Fig. 1 shows the site of a typical fluorogold infusion in the VTA. It can be seen that the region contains CRF-labeled fibers. In five of the eight rats that received infusions, fluorogold fluorescence was clearly visible in the region shown and all had fluorogold-positive cells in BNSTov, CeA, and PVN ipsilateral to the injection.

Before trying to estimate the proportion of fluorogold-positive cells that were double-labeled for CRF, counts were made of fluorogold-labeled cells and CRF-labeled cells in pairs of alternate sections in each region common to all rats. Fig. 2a–c shows examples of CRF- and fluorogold-positive cells in each region labeled with DAB or fluorescence. As expected, all three regions contained numerous densely stained CRF cell bodies and fibers. Fluorogold-filled cells were also visible in each region. The graphs on the right of Fig. 2a–c show the mean total number of CRF and fluorogold cells per rat in each region in adjacent sections visualized using DAB or fluorescence. It can be seen that for both CRF and fluorogold, the counts for fluorescent-labeled cells are lower than those for the DAB-labeled cells. However, with the exception of CRF in the CeA where the density of cells makes counting fluorescent-labeled cells difficult, the differences are not statistically significant. Because both CRF and fluorogold labeling is densely cytoplasmic, estimates of the number of fluorogold/CRF double-labeled cells were made in the fluorescent-labeled sections. When we examined these sections for the presence of fluorogold/CRF double-labeled cells, we were able to detect a portion of fluorogold-positive cells in each rat that were also positive for CRF; $30.8 \pm 6.9\%$ in BNSTov, $28.0 \pm 4.0\%$ in CeA and $16.7 \pm 9.6\%$ in PVN (see Figs. 3–5).

DISCUSSION

These results show that the VTA receives projections from each of the regions examined, BNSTov, CeA and PVN and that a significant proportion of the projections from each of these regions is CRF-positive. The greatest number of fluorogold/CRF double-labeled cells was seen in the BN-

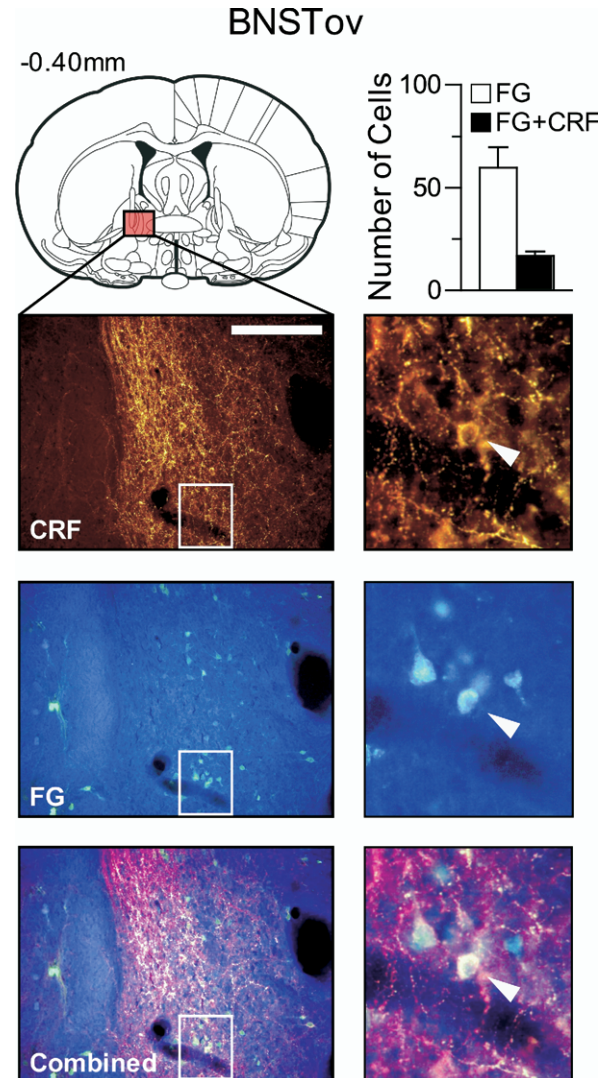


Fig. 3. Example photomicrographs showing CRF, fluorogold and fluorogold/CRF double-labeling in the BNSTov at the level indicated on the corresponding plate from Paxinos and Watson, 1986 (scale bar= $200 \mu\text{m}$). Boxes in the photomicrographs on the left show the expanded region on the right. White arrows point to a double-labeled cell. Graph in upper right shows the mean total number of double-labeled cells compared with the total number of fluorogold-labeled cells in BNSTov per rat (see Experimental Procedures: Data analysis, for full description of how counts were made).

STov and CeA, whereas fewer double-labeled cells were found in the PVN. The finding that the CRF innervation of the VTA arises from multiple sources is consistent with evidence concerning the CRF afferents to noradrenergic and serotonergic cell regions (Moga and Gray, 1985; Moga et al., 1989; Gray, 1993; Tjounakaris et al., 2003). In addition to the CRF afferents from other regions, CRF-containing cell bodies are found in monoamine-containing nuclei of the brainstem such as the locus coeruleus (LC) (Swanson et al., 1983). Furthermore, 5-HT cells in the dorsal raphe contain CRF (Commons et al., 2003), and DA cells in the VTA contain CRF mRNA (Liu and Morales, 2006).

Finally, it is well known that the BNST, CeA and PVN receive inputs from those monoamine cell groups underscoring the complexity of the CRF neuronal networks and of the interactions between CRF cells and monoamine systems of the brain. Interestingly, relapse to cocaine seeking induced by acute exposure to a stressor is blocked by the infusion of noradrenergic receptor antagonists into both the CeA and BNST (Leri et al., 2002), suggesting a way in which acute foot-shock stress may activate these CRF systems.

Our finding that the VTA receives CRF projections from the BNSTov, the CeA and PVN is consistent with the evidence that CRF is released in the VTA during exposure to acute stress (Wang et al., 2005). Stress activation of CRF systems, presumably via noradrenergic inputs (Freedman and Cassell, 1994; Leri et al., 2002), appears to facilitate glutamatergic synaptic transmission in DA neurons (Ungless

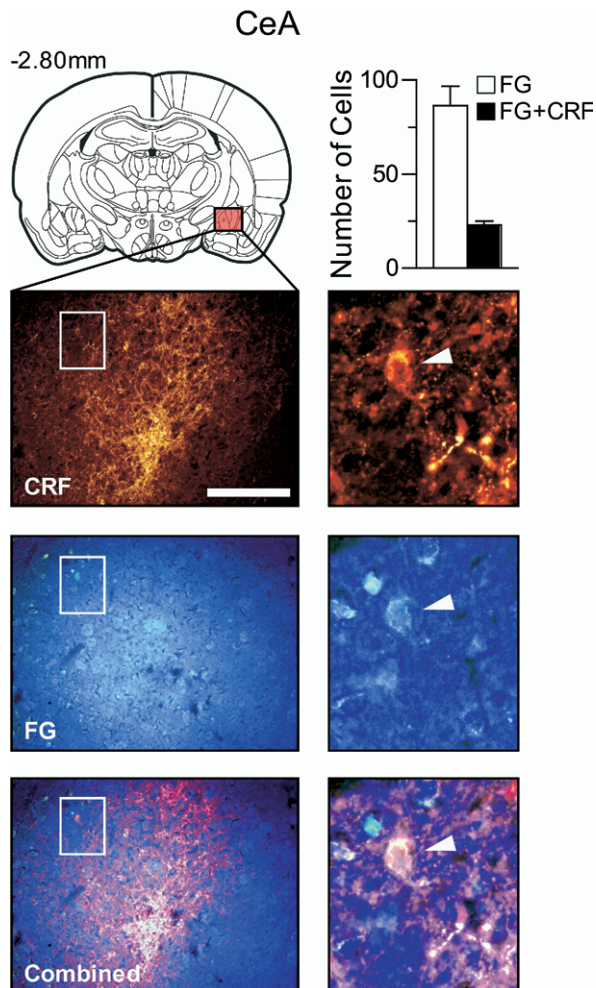


Fig. 4. Example photomicrographs showing CRF, fluorogold and fluorogold/CRF double-labeling in the CeA at the level indicated on the corresponding plate from Paxinos and Watson, 1986 (scale bar=200 μ m). Boxes in the photomicrographs on the left show the expanded region on the right. White arrows point to a double-labeled cell. Graph in upper right shows the mean total number of double-labeled cells compared with the total number of fluorogold-labeled cells in CeA per rat (see Experimental Procedures: Data analysis, for full description of how counts were made).

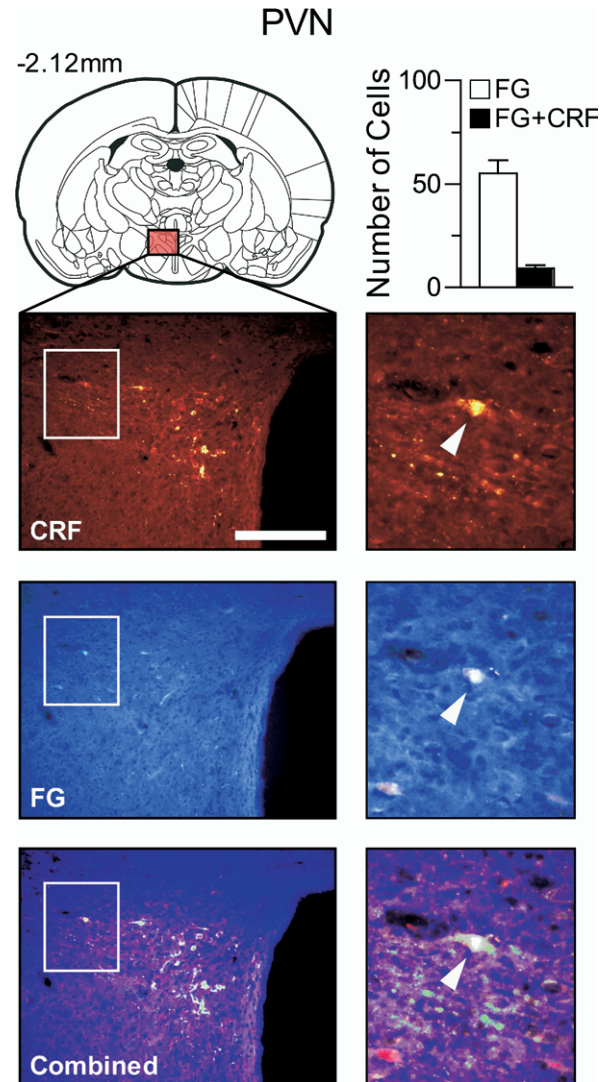


Fig. 5. Example photomicrographs showing CRF, fluorogold and fluorogold/CRF double-labeling in the PVN at the level indicated on the corresponding plate from Paxinos and Watson, 1986 (scale bar=200 μ m). Boxes in the photomicrographs on the left show the expanded region on the right. White arrows point to a double-labeled cell. Graph in upper right shows the mean total number of double-labeled cells compared with the total number of fluorogold-labeled cells in PVN per rat (see Experimental Procedures: Data analysis, for full description of how counts were made).

et al., 2003; Wang et al., 2005, 2007), thereby providing a means whereby stress could engage appetitive motivational systems and lead to long-lasting facilitation within these systems.

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